

Event	Time/Dist	Athlete	Club	Date	Venue
80m	10.9	J. Skipp S. Palmer T. Stevens	Epsom & Ewell Mitcham & Sutton Camberley AC	25-07-1992 25-07-1992 20-06-1992	Croydon Kingsmeadow Battlebridge
100m	12.3	M. Beksinska T. Campbell	Sutton & Cheam Aldershot F & D A	1975 1977	Battlebridge Aldershot
150m	20.0	T. Stevens L. Colbourne S. Palmer	Camberley AC Waverley H Mitcham & Sutton	20-06-1992 25-07-1992 25-07-1992	Battlebridge Kingsmeadow Kingsmeadow
200m	26.9	Tia Garrard	Kingston & Poly AC	27-08-2022	Carshalton
600m	1.40.9	M. O'Shea	Hercules Wim AC	25-07-1992	Croydon
800m	2.22.4	Tia Garrard	Kingston & Poly AC	25-06-2022	Guildford
1500m	4.57.3	L. Edge	Bracknell AC	22-05-1988	Bracknell
70m Hlds	11.2	Lia Bonsu	Croydon	15-07-2018	Kingston
75m Hlds	12.3	L. Manning	Sutton & Cheam H	1979	Carshalton
800m Walk	4.16.1	L. Nolan	Sutton & Cheam H	1975	Guildford
1000m Walk	5.31.8	E. Ryan	Epsom & Ewell H	1978	Ewell Court
1200m Walk	6.18.1	N. Parsons	Aldershot F & D AC	22-05-1988	Bracknell
1600m Walk	9.24.0	M de Giovanni	Croydon H	1972	Carshalton
High Jump	1.53	J. Donnelly	Sutton & Cheam H	1982	Walton
Long Jump	5.00	A. Hart	Croydon H	20-08-1988	Aldershot
Shot (3.25Kg)	9.74 8.75	S. Biddlecombe Atarah Watson	Bracknell AC Croydon H	01-09-1990 26-08-2023	Kingston Kingston
(2.72Kg)					
Discus(1.00kg)	30.22 28.42	S. Biddlecombe E. Childs	Bracknell AC Guildford & G AC	01-09-1990 27-08-1994	Kingston Guildford
(0.75kg)					
Javelin	30.01	Elise Christian	Guildford & G AC	26-06-2021	Kingsmeadow
4 x 100m	53.2		Croydon Harriers	27-08-2022	Carshalton

## LEAGUE RECORDS - U13 AGE GROUP

Event	Time/Dis/Height	Athlete	Club	Date	Venue
100m	12.3	Gracelyn Kendeck	Croydon Harriers	04-06-2022	Epsom
200m	25.2	Gracelyn Kendeck	Croydon Harriers	04-06-2022	Epsom
800m	2.17.7	H. Churn	Aldershot F & D AC	1978	Battlebridge
1500m	4.48.1	C. Berry	Kingston & Poly H	22-09-1990	Kingsmeadow
300m	41.3	Tia Garrard	Kingston & Poly H	26-08-2023	Kingston
75m Hdls	11.2	Marcia Sey	Croydon Harriers	04-06-2016	Carshalton
80m Hdls	12.1	C. Church	Woking AC	1983	Guildford
1200m Walk	6.37.2	C. Van Doorn	Mitcham & Sutton AC	20-06-1992	Battlebridge
1600m Walk	8.13.0	A. Skinner	Surrey Beagles	1985	Motspur Park
High Jump	1.69	D. Marti	Redhill & Reigate AC	1981	Aldershot
Long Jump	5.38	K. Glen	Aldershot F & D AC	1977	Aldershot
Shot	12.67	Issy Stamp	South London Harriers	25-06-2022	Guildford
Discus	38.00	L. Keightley	Bracknell AC	26-06-1993	Kingsmeadow
Javelin	36.63	Jessica Howells	Guildford & Godalming	04-06-2022	Epsom
Hammer	34.70	Pheobe Broadhead		22-04-2019	Epsom
Pole Vault	2.70	Georgia Duthie Naomi Townend	Sutton & District Guildford & Godalming	25-07-2015 01-06-2019	Carshalton Walton
4 x 100m	49.3		Croydon Harriers	07-07-2019	Guildford

## LEAGUE RECORDS - U15 AGE GROUP

## LEAGUE RECORDS - U17 AGE GROUP

Event	Time / Dis/Height	Athlete	Club	Date	Venue
100m	12.1	J. Le Geyt	Sutton & District AC	05-07-1997	Walton
200m	24.8	S. Zawada	Aldershot F & D AC	03-05-1997	Guildford
800m	2.19.46	Emily Milner	Guildford & Godalming	04-05-2024	Guildford
1500m	4.52.1	R. Roome	Sutton & Dis AC	31-08-1996	Carshalton Arena
80m Hdls	11.5	Lia Bonsu	Croydon Harriers	04-06-2022	Epsom
300m	39.9	K. Snowdon	Herne Hill	03-07-2010	Carshalton Arena
300m Hdls	45.2	W. Ige	Sutton & Dis AC	31-08-1996	Carshalton Arena
High Jump	1.74	Carmen Rose	Kingston & Poly	29-06-2024	Epsom
Long Jump	5.71	E. Martin	Hercules Wim AC	17-09-2005	Kingston
Triple Jump	11.31	Lia Bonsu	Croydon Harriers	28-08-2021	Kingston
Shot	14.40	I. Stamp	South London Harriers	15-04-2023	Epsom
Discus	46.66	L. Keightley	Bracknell AC	24-06-1995	Walton
Javelin	45.61	Elise Christian	Guildford & Godalming	04-05-2024	Guildford
Hammer	43.55	Evelyn Bosoko	Croydon Harriers	04-05-2024	Guildford
Pole Vault	3.30	Sophia McCart	Sutton & District	04-05-2024	Guildford
4 x 100m	49.47		Epsom & Ewell	04-05-2024	Guildford